

This document notates the changes for non national competitions hosted by Cirques Experience.

There will be 4 categories at these events; Easy Compulsory, Hard Compulsory, Free programs, and Novice.

Easy Compulsory - Cartwheel, Forward Push Up, Spindle, Spindle Bridge, and Underswing Dismount

Hard Compulsory - Backwards push up free fly, bridge to bridge, one foot pirate, one foot free fly half turn, semi tuck, and underswing dismount

Free programs - have to have a minimum of 6 moves and a dismount

Novice - Will compete in all 3 categories and be judged based on ALL National rules.

Judging rules

Easy - Will be judge out of 4 points, based on national execution rules

 Their will be no deduction for talking, or walking with the wheel

 Their will be no difficulty or composition scores, any variations will be judged out of the 4 points

Hard - Will be judge out of 4 points, based on national execution rules

 Talking will incur a .2 minor deduction per trick

 Their will be no deduction for walking with the wheel

 Their will be no difficulty or composition scores, any variations will be judged out of the 4 points

Free - Will be judge out of 4 points, based on national execution rules

 Talking will incur a half point deduction per trick

 Their will be no deduction for walking with the wheel

 Their will be a difficulty score added to the 4 points

 .5 difficulty score

 Hip circle

 Step or split bridge

 ½ twist on dismount or stomach

 1 point difficulty score

 Knee hang sit

 Knee hang bridge

 Double or Triple hip circle

Difficulty will be added to the 4 points. This is to stop competitors from adding hard tricks that they can not do to just receive points. Competitors in the free program category should submit their routine to Athena, or Jesse one week or more prior to the event if they wish to have any trick reviewed for a difficulty bonus.

Free programs should be handed in to the composition lead or judge upon arrival, so the judges have it on the table by the time they arrive. They can be turned in earlier as well. This way we have some type of advance notice of the difficulty bonus. Head judges will add them in at the end if necessary but turning in a routine will ensure they get all points.